

One Page Profile: Clare Birt



What people appreciate about me

- An enthusiasm for individuals achieving their potential
- Easy to approach
- Non-judgemental and any criticism is constructively delivered
- Good listener
- I enjoy seeing others have fun
- I am creative

How to get the best out of me

- I respond well to humour – when appropriate
- Ask me about marketing related challenges – I have more than 25 years of experience
- If I don't understand something please have patience. I always ask more questions to ensure I give you my best answer.
- Don't expect me to read between the lines. I prefer the direct approach.
- I always like a coffee and biscuit – I'm not at my best when hungry!
- Please let me know if I'm visiting someone with a cat. I will struggle to breathe if I haven't taken anti histamine!

What is important to me as a Trustee of mirus

- The people **mirus** support are happy and achieving their potential
- Finding new opportunities for mirus to share their skills and values
- Being involved in work that helps me learn and grow as a person
- Understanding how I can help mirus and the people we support