

## One Page Profile: Deborah Bainbridge



### What people appreciate about me

- I am full of energy and have a zest for life.
- I love being busy and get involved in lots of things.
- I am empathetic and supportive of people, supporting them when needed and challenging them as appropriate.
- I come up with lots of new ideas which I love putting into practice
- My optimistic way of looking at the world, I see challenges and people in a positive way.

### How to get the best out of me

- To have an open and constructive relationship
- To listen carefully to what others have to say
- Share your ideas with me I can help you to turn them into practice
- Be open and honest
- Tell me how you want me to support you – I enjoy helping people to achieve their potential.

### What is important to me as a Trustee of mirus

- Fairness and Equality – This is very important to me, all people being treated with kindness.
- Building strong organisations and teams.
- I enjoy being with people, and helping them to grow and develop.
- Constantly Learning – new ideas and situations excite me; I am naturally curious and interested in new things.